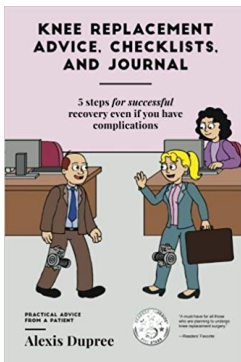
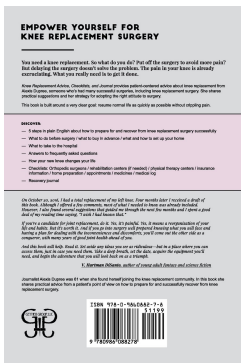


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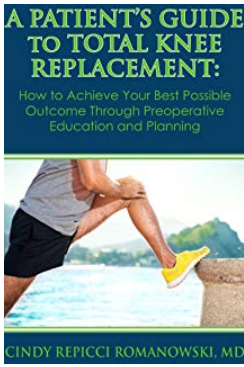
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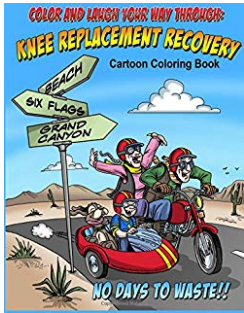
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How to Choose the Right OsteoArthritis (OA) Knee Brace

Osteoarthritis (OA) is a painful and degenerative condition of our knee joints, characterized by the breakdown and eventual loss of the cartilage that cushions the end of the bone joints.

Wearing the appropriate OA knee brace helps to reduce your OA knee pain. Determine the stage of your OA knee and choose the relevant support level knee brace accordingly.

STAGES OF KNEE OSTEOARTHRITIS

Stage 1	Minor stage - Minimal degeneration. Little or no loss of cartilage.
Stage 2	Mild stage - Joint space narrowing. The cartilage begins to break down, occurrence of osteophytes.
Stage 3	Moderate stage - Joint space reduction. Cartilage gets irregular and may reach the bone.
Stage 4	Severe stage - The space between the ends of the cartilage is very deep, bone spurs.

SUPPORT LEVEL OF OSTEOARTHRITIS KNEE BRACES

BASIC SUPPORT LEVEL
To provide warmth and compression to the knee joint, to reduce pain and swelling. Made of neoprene material which is moisture or temperature heat retaining, enhance blood circulation to the knees, and reduces arthritis pain. Suitable for early/mild stages of arthritis knee.

ADVANCED SUPPORT LEVEL
To provide support for the ligaments of the knees, reduces weight going through the knee joint hence reduces arthritis knee pain/accident. Suitable for mild and moderate arthritis knee.

ELITE SUPPORT LEVEL
Specifically designed to offload/unload the weight from affected knee compartment to the stronger compartment, reduces ligament strain and knee on bone contact. Ideal for an unoperated OA. Suitable for moderate to severe arthritis knee.

www.LivingWellWithArthritisPain.com

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